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First Born® of Los Alamos Celebrates Offering Services in Los Alamos County

Los Alamos, NM- February 25, 2015- First Born Program of Los Alamos celebrated its much-anticipated relaunch with a “kick-off” party at Bridge Care for Women. In attendance were local medical providers, community members, and social service providers.

“We’re excited to be offering this vital service to first-time families again,” stated Board Member Dr. Tom Csanadi during the event.

Kim Ferguson, Program Co-Manager further explained, “First Born of Los Alamos began accepting referrals in December, and we currently have no waiting list. All Los Alamos families pregnant and parenting for the first time can request services, regardless of income. Each family is assigned a specially-trained home visitor who provides information and support concerning that family’s individual goals, needs, and concerns. Home visits last around 45 minutes and occur on a weekly basis, and all visits include information from the First Born® curriculum and the opportunity to check-in with the home visitor to discuss any questions, concerns, or support needs the family has.”

First Born Program® of Los Alamos (FBPLA) is a nonprofit organization that seeks to increase the health and wellness status of women pregnant for the first time, families parenting for the first time, and families adopting their first baby. FBPLA provides free home visitation services to all families parenting for the first time in Los Alamos County. Services may be requested at any time during pregnancy, at the birth of the baby, or until the baby is two months of age, and continue until the child is three years of age (36 months), or until the family no longer requests program services.

At the program’s core is the conviction that a healthy pregnancy and a healthy baby are not only critical to the immediate well-being of mother and child but are also integral to the long-term health and success of the family and community. The program curricula provide a comprehensive set of topics that families learn as well as specific tools, activities, and educational materials that home visitors can use to address them. The flexible and inclusive curricula can be adapted to each family’s needs.

First Born® Program of Los Alamos is a non-profit organization that provides services in collaboration with New Mexico Children, Youth, and Families Department, the LANL Foundation, and the First Born® Program.

For more information or to inquire about services, please call 505-661-4481 or email welcome@firstbornla.org.

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